

Top five questions about UMMC 2 You.

1 Will my health information be private and safe?

Yes. **UMMC 2 You** online visits are secure and meet the same HIPAA patient privacy requirements as in-person clinic visits.

2 Who can use UMMC 2 You?

State employees and family members covered by the employee's Blue Cross & Blue Shield of Mississippi State and School Employees' Health Insurance Plan, and any employee of a company that offers **UMMC 2 You**.

3 Can they prescribe medication?

Yes. Our providers can prescribe certain medications for your treatment plan, if needed. Be sure to have your pharmacy information handy so we can call it in to your location of choice.

4 What equipment do I need?

If you can video chat, you can have a **UMMC 2 You** visit. You just need access to a desktop computer, smartphone, or tablet with a camera and speakers.

5 Can I get a same-day appointment?

Yes! Most appointments can be scheduled for the same day and typically last around 15 minutes.



Sign up and schedule an appointment at ummc2you.com.

Appointments are available Monday through Friday, 7 AM to 9 PM, and Saturday, 8 AM to 5 PM.

Learn more at ummc2you.com or call **601.815.2020**.



Minor Medical Clinic Visit

- Call for an appointment.
- Take time off work.
- Drive to clinic.
- Wait in waiting room.
- Wait in exam room.
- See provider.
- Check out and pay.
- Drive back to work.

Estimated time spent: 2 to 5 hours.

VS.

UMMC 2 You

- Log on from work or home.
- Complete the online form.
- Quickly see provider online.

Time spent: 15 to 30 minutes.

—for the same care!

UMMC 2 You is a valuable health benefit from the UMMC Center for Telehealth.

UMMC 2 You gives you the same minor medical care you'd receive in a UMMC clinic, but on your phone, tablet, or computer. Using telehealth technology, you can talk face-to-face with a board-certified UMMC provider, tell them your symptoms, and receive a diagnosis. All without leaving your home or workplace. For more, visit ummc2you.com.

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UMMC has earned recognition as a National Center of Telehealth Excellence.



Care for Mississippians, by Mississippians

Telehealth companies can operate from anywhere, so the provider who sees you might be a thousand miles away. With UMMC Telehealth, you know you're receiving care from providers right here in our state, backed by Mississippi's only academic medical center. We're here in the community, caring for you and your family like neighbors—because we are your neighbors.



UMMC 2 You is a smart choice for common medical issues such as:

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|---------------|-------------------------|
| Allergies | Insect bites |
| Asthma | Joint aches and pains |
| Bronchitis | Poison ivy |
| Cellulitis | Rashes |
| Cold and flu | Respiratory infections |
| Constipation | Sinus infections |
| Diarrhea | Skin inflammation |
| Ear infection | Sore throat |
| Fever | Urinary tract infection |
| Gout | |
| Headache | |
| Infections | |