

## Student Procedures Upon Receiving COVID-19 Test Results

# ISOLATE

### What do I do if I test positive for an active COVID-19 infection?

**Students** who receive a COVID-19 positive test results, directive to self-quarantine or self-isolate from a medical provider, or have contact with someone who has tested positive for COVID-19, must follow these steps:

#### Non-Residential Students

1. Immediately notify the Office of Residential Life at [Raynaldo.Gillus@mvsu.edu](mailto:Raynaldo.Gillus@mvsu.edu) or 662-254-3590 or 3592.
2. Wear a cloth face covering when around other people at school, in the residence hall, and anytime you are outside
3. Go home (on or off campus, as appropriate) and self-isolate for 10 days
4. A Contact Tracer will contact you to go through the **contact tracing** process with you
5. Avoid contact with others
6. Notify the faculty of your in-person class(es) of your inability to attend in-person class(es)
7. As your health permits, remain current in meeting all of your academic requirements
8. Monitor your ongoing health and seek medical attention as needed; have your doctor's phone number on hand
9. Look for **emergency warning signs\*** for COVID-19. If you are showing any of these signs, **seek emergency medical care immediately:**
  - Trouble breathing
  - New confusion
  - Bluish lips or face
  - Persistent pain or pressure in the chest
  - Inability to wake or stay awake
10. When seeking medical attention because of **worsening conditions call 911** and tell the dispatcher that you have tested positive for COVID-19
11. In order to return to campus or class, students must present a medical provider statement to Student Affairs to obtain a valid excuse for missing class(es) and/or coursework

#### Residential Students

1. Immediately notify your residence hall director or the Office of Residential Life at [Raynaldo.Gillus@mvsu.edu](mailto:Raynaldo.Gillus@mvsu.edu) or 662-254-3590 or 3592
2. Wear a cloth face covering when around other people at school, in the residence hall, and anytime you are outside
3. Prepare **personal items** for relocation to the campus isolation area. OR, notify your residence hall director or the Office of Residential Life at [Raynaldo.Gillus@mvsu.edu](mailto:Raynaldo.Gillus@mvsu.edu) or 662-254-3590 or 3592 that you will be self-isolating at home (on or off campus, as appropriate)
4. Turn in your room key to your residence hall director
5. Contact \_\_\_\_\_ at \_\_\_\_\_ when ready to be relocated to the campus isolation area
6. **Check-in** to the campus isolation area

7. A Contact Tracer will contact you to go through the **contact tracing** process with you
8. Avoid contact with others in isolation
9. If returning to campus with a positive result and you are a campus resident, inform entrance guard of the requirement for you to self-isolate on campus (isolation area or home)
10. Notify the faculty of your in-person class(es) of your inability to attend in-person class(es)
11. As your health permits, remain current in meeting all of your academic requirements; if your medical condition worsens, notify the Student Health Center or the isolation area residence hall director for further assistance
12. As needed, student may leave the campus (i.e., go home) until their medical condition improves or the self-isolation period of 10 days is over
13. Monitor your ongoing health and seek medical attention as needed; have your doctor's phone number on hand
14. Look for **emergency warning signs\*** for COVID-19. If you are showing any of these signs, **seek emergency medical care immediately:**
  - Trouble breathing
  - Persistent pain or pressure in the chest
  - New confusion
  - Inability to wake or stay awake
  - Bluish lips or face
15. When seeking medical attention because of **worsening conditions call 911** and tell the dispatcher that you have tested positive for COVID-19
16. In order to return to campus or class, students must present a medical provider statement to Student Affairs to obtain a valid excuse for missing class(es) and/or coursework

## Q U A R A N T I N E

### **What do I do if I am told to quarantine due to exposure to someone who tested positive for COVID-19 infection?**

**Students** who receive a directive to self-quarantine from a medical provider, a duly authorized University representative, or have contact with someone who has tested positive for COVID-19, must follow these steps:

#### **Non-Residential Students**

1. Wear a cloth face covering when around other people at school, in the residence hall, and anytime you are outside
2. Go home (on or off campus, as appropriate) and self-quarantine for 7-10 days
3. A Contact Tracer will contact you to go through the **contact tracing** process with you
4. Avoid contact with others
5. Notify the faculty of your in-person class(es) of your inability to attend in-person class(es)
6. Remain current in meeting all of your academic requirements
7. Monitor your ongoing health and seek medical attention as needed; have your doctor's phone number on hand
8. Look for **emergency warning signs\*** for COVID-19. If you are showing any of these signs, **seek emergency medical care immediately:**
  - Trouble breathing
  - New confusion
  - Bluish lips or face

- Persistent pain or pressure in the chest
  - Inability to wake or stay awake
9. When seeking medical attention because of **worsening conditions call 911** and tell the dispatcher that you have been exposed to someone who tested positive for COVID-19
  10. In order to return to campus or class, students must present a medical provider statement to Student Affairs to obtain a valid excuse for missing class(es) and/or coursework
    - 10-day option: Quarantine can end after 10 days if the individual has no symptoms during the entire 10-day period, or
    - 7-day plus test option: If the individual has no symptoms for 7 days and has a negative COVID-19 test collected on day 5,6, or 7 of the quarantine period, the quarantine can be discontinued after day 7.

### **Residential Students**

1. Immediately notify your residence hall director or the Office of Residential Life at [Raynaldo.Gillus@mvsu.edu](mailto:Raynaldo.Gillus@mvsu.edu) or 662-254-3590 or 3592
2. Wear a cloth face covering when around other people at school, in the residence hall, and anytime you are outside
3. Prepare **personal items** for relocation to the campus quarantine area. OR, notify your residence hall director or the Office of Residential Life at [Raynaldo.Gillus@mvsu.edu](mailto:Raynaldo.Gillus@mvsu.edu) or 662-254-3590 or 3592 that you will be self-quarantining at home (on or off campus, as appropriate)
4. Turn in your room key to your residence hall director
5. If quarantining on campus, contact \_\_\_\_\_ at \_\_\_\_\_ when ready to be relocated to the campus quarantine area
6. **Check-in** to the campus quarantine area
7. A Contact Tracer will contact you to go through the **contact tracing** process with you
8. Avoid contact with others in quarantine
9. If returning to campus with a self-quarantine notification and you are a campus resident, inform entrance guard of the requirement for you to self-quarantine on campus (quarantine area or home)
10. Notify the faculty of your in-person class(es) of your inability to attend in-person class(es)
11. Remain current in meeting all of your academic requirements; if your medical condition worsens, notify the Student Health Center or the quarantine area residence hall director for further assistance
12. As needed, student may leave the campus (i.e., go home) until their medical condition improves or the self-quarantine period of 7-10 days is over
13. Monitor your ongoing health and seek medical attention as needed; have your doctor's phone number on hand
14. Look for **emergency warning signs\*** for COVID-19. If you are showing any of these signs, **seek emergency medical care immediately:**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
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15. When seeking medical attention because of **worsening conditions call 911** and tell the dispatcher that you have been exposed to someone who tested positive for COVID-19

16. In order to return to campus or class, students must present a medical provider statement to Student Affairs to obtain a valid excuse for missing class(es) and/or coursework

- 10-day option: Quarantine can end after 10 days if the individual has no symptoms during the entire 10-day period, or
- 7-day plus test option: If the individual has no symptoms for 7 days and has a negative COVID-19 test collected on day 5,6, or 7 of the quarantine period, the quarantine can be discontinued after day 7.