

MVSU NCLB 2013 Summer Reading Institute
Lesson Plan Template

Subject: Health

Name: Shakeya Johnson (Science/Health)	Name of Unit: Summer Jackson Grown Up “Living in the Real World”	Date: July 29, 2013	Grade Level: 3rd
Objective	Procedures	Materials	Evaluation
<p>RI.3.5 – Use text features and search tools (eg. key words, sidebars, hyperlinks) to locate information relevant to a given topic efficiently.</p> <p>RI. 3. 9 – Compare and contrast the most important points and key details presented in two texts on the same topic.</p> <p>Health: Standard (1.5.1) – Describe the relationship between healthy behaviors and personal health.</p>	<p>Day1: The Teacher will explain and review the food groups through a visual aid. (<i>USDA Serving Up MyPlate Grades 3 & 4 Curriculum lesson The Science of “Sometimes” Foods</i>) The Teacher will ask essential related questions. The Teacher will present the students with the directions for creating their own food chart.</p> <p>The Student will use the visuals aid to follow the teacher lead discussion. The Student will be allowed orally answer discussion essential related questions. The Student will create a food chart using donated food magazines.</p> <p>Reteach: If needed the teacher will review the differences in the food groups.</p> <p>Enrichment: The Teacher and Student will exercise, showing that eating properly along with exercise will keep us healthy.</p> <p>Inclusion teacher will assist inclusion students and other students that might need assistance.</p>	<p>Day1: *Food chart (A copy will be given to each student.) *Magazines *Poster Boards *Markers *Glue *Scissors</p> <p>Enrichment Material: *NABEF Video of Beyonce song titled “Move Your Body” First Lady Michelle Obama's Let's Move! Initiative to help curb childhood obesity</p>	<p>Day1: The students will be evaluated on their response to the questions during the discussion. A rubric will be developed to evaluate the created food chart.</p>

For each lesson plan, do the following:

- 1). Align the standards
- 2). Identify the domain
- 3). State the benchmark
- 4). Address diversity
- 5). Infuse technology